

First Sunday of Lent



JESUS GOING INTO THE DESERT

All Christians embark on a Lenten journey in preparation for Easter. But before we set out on these forty days of lent, we should look to Jesus, our model and guide, for direction on the way. After the baptism, we are told, “the spirit immediately drove him into the wilderness, and he was in the wilderness forty days, tempted by Satan”(Mark 1.12-13). These words are an invitation to all of us to enter into this desert experience of Jesus and to journey with him on our own Lenten pilgrimage. (The way of the Carmelites, James McCaffery OCD)